FREE STORYBOOK ACTIVITY · GRADES 1 TO 4 · PRINTABLE KIT

Aly's Golden Waffle Kindness & Gratitude Checklist

Inspired by *Because of You, Mama Alba: Book One* · Written by Mama Alba

Part 1: Seven Days of Brave Kindness & Family Teamwork

- ☐ **DAY 1** Help tidy the kitchen table or carry dishes without waiting to be asked.
- ☐ **DAY 2** Give a warm smile or wave to a quiet classmate who looks shy or new.
- ☐ **DAY 3** Build, fold, or sketch a creative project with patience and focus, like Aly's paper bridge.
- ☐ **DAY 4** Practice counting scoops, cups, or math ratios with a family member while cooking.
- ☐ **DAY 5** Speak up gently for someone who feels left out at school or at the park.
- ☐ **DAY 6** Tell a parent, grandparent, or teacher one specific reason you appreciate their help.
- ☐ **DAY 7** Share something handmade, baked, or drawn with a neighbor to brighten their morning.

Part 2: My First $10 Dream Planner

My Helpful Idea or Craft to Make:

Supplies & Family Helpers I Need:

How My Idea Helps Someone Smile:

Color a Coin Each Time You Save $1:

$1 $1 $1 $1 $1 $1 $1 $1 $1 $1

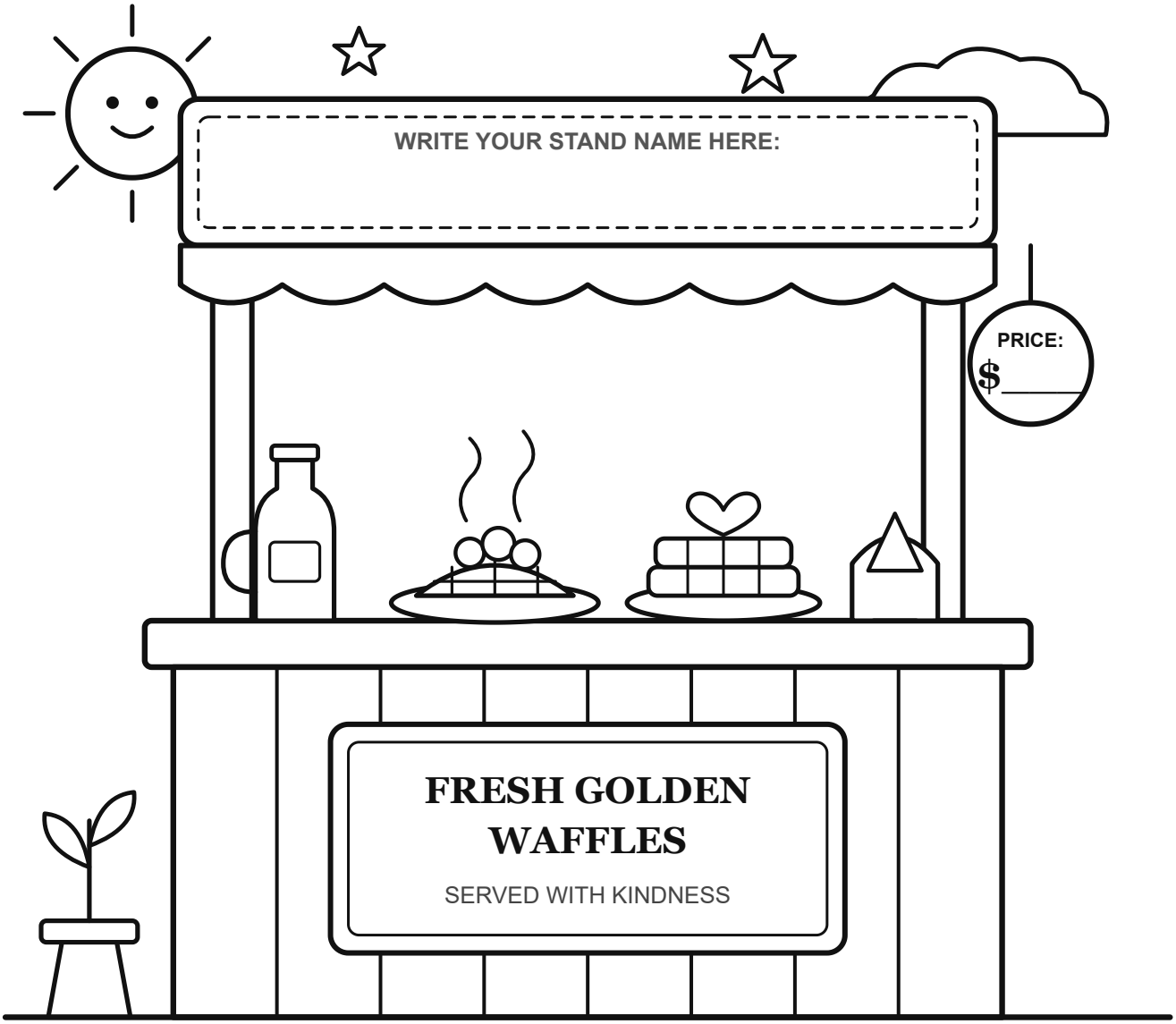
Read the full 40 page illustrated story!

Because of You, Mama Alba: Book One (Aly's Golden Waffle Promise) · Ages 6 to 11 · Available in Paperback and Kindle Edition on Amazon: **amazon.com/dp/B0HS38P44C**

CLASSROOM & FAMILY COLORING PAGE · PURE INK FRIENDLY LINE ART

Design & Color Your Own Golden Waffle Stand

Write your stand name inside the wooden banner, pick a price on the tag, and color every berry and star!



My Special Waffle Topping & Secret Ingredient Idea:

Want to see Aly and Mary build their waffle stand?

Read *Because of You, Mama Alba: Book One* (Ages 6 to 11 · Paperback & Kindle) at

amazon.com/dp/B0HS38P44C